



Equine 12 Pad Blanket System

Congratulations on your equine therapy system purchase.

INSTRUCTIONS FOR USE - Please read carefully

General Step by Step Guidelines:

Your Thermotex Equine Therapeutic System is easy to use.

- ◆ When using Thermotex, ensure the horse is tethered and that the extension cord is secured above and behind the horse.
- ◆ It is important to know that the infrared energy radiates from only one side of your device. Place the side of your Thermotex element (contained inside the outer cover) printed with our company stamp and instructions, towards your horse's body. **The padded side does not heat.**
- ◆ The Thermotex Equine Therapeutic System uses a three-position switch (low-off-high). We recommend that you start the treatment on the high setting (for the first 15 minutes) and then reduce to the lower setting for the remainder of the treatment.
- ◆ It is important that you use Thermotex for a minimum of 30 – 45 minutes (longer if desired) on each area that you are treating. Regular use of Thermotex will aid significantly in the reduction of levels of inflammation and lactic acid build up.
- ◆ **Every horse will sweat** at first use, especially in sore areas. However, after approximately one week of use (for 1/2 hour per day) sweat areas will reduce in size as soreness is relieved.
- ◆ When used as a pre-event/pre-race warm up, it is most beneficial to use within four hours of the event/race.
- ◆ If treating a horse that has been given Lasix, which is a diuretic, treat with Thermotex after the Lasix. Thermotex also has a diuretic effect and should not be used prior to the administration of Lasix.
- ◆ If your horse is on any **prescription drugs**, check with your veterinarian for any drug interaction with infrared energy.
- ◆ If your horse has a **recent (acute) joint injury** please ask your veterinarian when Infrared Therapy can be initiated. If your horse has a joint or **joints that are chronically hot and swollen**, these joints may respond poorly to vigorous heating of any kind. Vigorous heating is strictly contraindicated in cases of enclosed infections be they dental, in joints or in any other tissues.

YOU WILL NOTICE:

- ◆ Dramatic improvement in the mood and temperament of the horse as soreness is decreased.
- ◆ During the use of the therapeutic blanket you may notice increased urination as the therapeutic blanket increases blood flow which in turn increases kidney function.
- ◆ Due to increased circulation, injury recovery time is decreased.

CAUTION: Do not use any ointments or liniments under the Thermotex Therapeutic System. It is not necessary and may cause scalding due to the abrasive and irritant nature of some ointments and liniments.

THERMOTEX is a deep-penetrating infrared therapeutic pain relief system different from all other types of therapeutic products on the market today.

FOR THE TEMPORARY RELIEF OF PAIN resulting from inflammation of the joints, tendons, and tissues, associated with conditions such as suspensories, buck shins, pharyngitis, washing out, tying up, arthritis, sinus, etc.

FOR THE RELIEF OF STIFFNESS AND PAIN resulting from lactic acid build up in muscles and from pain and discomfort of strains and sprains.

FOR THE RELIEF OF PAIN ASSOCIATED WITH STRESS due to bleeding in the lungs.

READ CAREFULLY

Phone 1-800-975-0253 if you have questions not answered in these instructions.

DANGER – TO REDUCE THE RISK OF BURNS, ELECTRIC SHOCK AND FIRE, THIS PRODUCT MUST BE USED IN ACCORDANCE WITH THE FOLLOWING INSTRUCTIONS:

- ❑ DO NOT PLUG IN AND LEAVE UNATTENDED.
- ❑ CHECK HIDE UNDER DEVICE FREQUENTLY.
- ❑ DO NOT USE LINIMENT, OINTMENT OR SALVE WHEN USING THIS PRODUCT.
- ❑ THERMOTEX THERAPEUTIC SYSTEMS DO NOT CAUSE DEHYDRATION OF BODY FLUIDS..
- ❑ NEVER USE DEVICE WITHOUT OUTER COVER IN PLACE.
- ❑ DO NOT IMMERSE YOUR THERMOTEX THERAPEUTIC SYSTEM IN WATER OR ANY OTHER LIQUID. REMOVE THE INFRARED ELEMENTS AND WIRING HARNESS BEFORE CLEANING OUTER COVER. WASH COVER ONLY IN COLD WATER WITH MILD DETERGENT IN AN ORVERSIZED MACHINE, ON A GENTLE CYCLE AND HANG TO DRY. IF YOU IRON IT, USE A LOW SETTING. DO NOT BLEACH.
- ❑ WHEN NOT IN USE, STORE YOUR THERMOTEX THERAPEUTIC SYSTEM IN A CLEAN, DRY AREA, OUT OF REACH OF MICE. (HANGING , UNFOLDED IN A TACK ROOM IS BEST)
- ❑ PERIODICALLY EXAMINE THE INNER COVER (WHITE PVC). RETURN DEVICE FOR REPAIR IF INNER COVERING SHOWS ANY SIGN OF DETERIORATION.
- ❑ DO NOT USE PINS OR OTHER METALLIC MEANS TO FASTEN THIS DEVICE IN PLACE.
- ❑ DO NOT FOLD OR BEND YOUR THERMOTEX ELEMENTS.
- ❑ NEVER PULL YOUR THERMOTEX BY THE ELECTRICAL CORD.
- ❑ CROSS TIE YOUR HORSE WHEN GIVING A TREATMENT WITH THERMOTEX.
- ❑ **SAVE THESE INSTRUCTIONS.**

NOTE: This is a guideline only and not intended to replace a veterinarian's advice. Should your horse's condition worsen, please contact your veterinarian.

Contraindications

Obviously, should any pain occur or if the condition worsens with the use of Thermotex, use of the device should be discontinued.

If your horse has a disease, be certain to consult with your veterinarian before using Thermotex.

DO NOT USE THERMOTEX IN CASES OF PREGNANCY AND INFECTIONS. DO NOT APPLY THERMOTEX TO A JOINT THAT HAS BEEN TREATED WITH CORTISONE FOR THREE DAYS AFTER THE LAST CORTISONE INJECTION.